



BABYSITTING

Builder level

Purpose

To help you care for and about others and equip you for the responsible task of babysitting.

Exploring

When you babysit there is certain information you must ask the parents in case of emergency.

1. List the following important information in your project book:
 - Where can the parents be reached.
 - What time should the child(ren) be in bed.
 - What can or can't they eat or drink.
 - Specific information on the child(ren), (special requirements).
 - Name and telephone number of close friend or neighbour.
 - Name and telephone number of their doctor.
 - Telephone numbers of:
 - a. Police b. Fire Department c. Poison Control Centre.
 - Telephone number and address of the place you are babysitting.
2. Learn the following rules.
 - Young children must be carefully supervised at all times.
 - Outdoors play should be kept away from roads and other hazardous areas.
 - Keep small pointed objects away from young children.
 - Ask permission for use of T.V., stereo, **telephone**, etc.
 - Ask permission for having a friend with you.
 - Don't administer medicines unless following specific written instructions.
 - Don't sleep while babysitting.
 - Find out what are the child(ren)'s favourite activities.

Doing

1. Do one of the following (at least one hour).
 - Babysit in the church or group crèche.
 - Volunteer to help a neighbour or close family friend who has small children.

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Parent or guardian to sign. date.....

2. Get a job babysitting. You may have to 'Advertise', have your mum or a close friend recommend you to someone.

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At the babysitting job, fill out the following check-list and have your employer sign and date it.

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- I was ready on time.
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 - I asked for the children's schedule (bedtime etc.)
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 - I entertained the children (played games, read stories, took them for a walk, taught them a song, etc.)

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- I got the children to bed on time.
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 - The house was neat when the parents returned (dishes, clothes, toys, etc.)
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Employer to sign date

Show this signed list to your Counsellor. Also show him the list of telephone numbers you requested from the parents.

3. Demonstrate to your Counsellor how to put a nappy on a baby. You could bring a doll to Cadets as a dummy.

Ask your Counsellor to sign below and arrange for the presentation of your badge.

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