

# BAKING

*All Levels*



## Purpose

To familiarise you with some basic baking terms and equipment and use your God-given talents in the area of baking.

## Exploring

1. Explain the following terms.

- Blend .....
- Cream .....
- Fold .....
- Whip .....
- Knead .....
- Sift .....

2. Explain the use of the following equipment.

- Measuring Cups .....
- Measuring Spoons .....
- Mixer .....
- Flour Sifters .....
- Rolling Pin .....
- Baking Tray .....

## Doing

1. Bake something from each of the following groups and share it with your fellow Cadets.

- Biscuits, Slices.
- Cake, Pie or Pattie Cakes.
- Scones or Buns.

2. Clean up everything you used and replace all equipment to its original position.