

BAKING

All Levels



Purpose

To familiarise you with some basic baking terms and equipment and use your God-given talents in the area of baking.

Exploring

1. Explain the following terms.

- Blend
- Cream
- Fold
- Whip
- Knead
- Sift

2. Explain the use of the following equipment.

- Measuring Cups
- Measuring Spoons
- Mixer
- Flour Sifters
- Rolling Pin
- Baking Tray

Doing

1. Bake something from each of the following groups and share it with your fellow Cadets.

- Biscuits, Slices.
- Cake, Pie or Pattie Cakes.
- Scones or Buns.

2. Clean up everything you used and replace all equipment to its original position.