

BRAIDING

All Levels



Purpose

To help you enjoy an interesting and useful craft and enable you to use your God-given abilities in the area of braiding. It teaches you both dexterity and co-ordination.

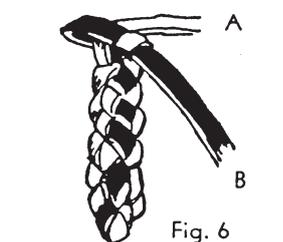
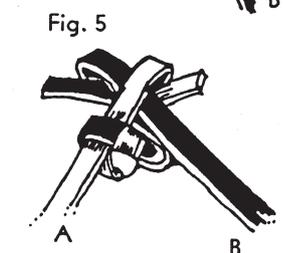
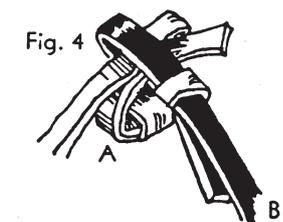
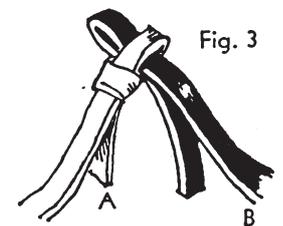
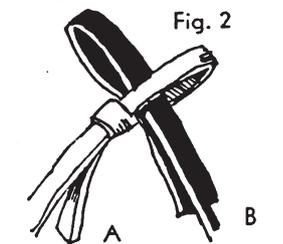
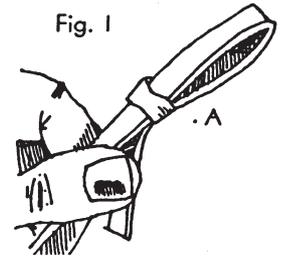
Exploring and Doing

Make 10 cm samples of the following basic braiding patterns.

TWO STRAND

Materials needed: two strands of braiding lace.
(each strand 60 cm long)

1. Using one strand (A) make a slide loop at one end, holding the long end (Fig. 1).
2. Using one strand (B) make a plain loop, long end toward you and slip into A. Do this from right to left (Fig. 2).
3. Pull first loop (A) snugly over second loop (B) (Fig. 3).
4. Loop the long end of first loop (A) into second loop (B), also pushing through the short end (A). Pull B tight. Pull short end A tight on back of project (Fig. 4).
5. Repeat No. 4 with long end of B. Repeat No. 4 with short end of B (Fig. 5).
6. Continue until there are five block braids on one side and six block braids on the other side. To make the last block braid push entire end through the last loop (Fig. 6). On reverse side, pass the free ends under two stitches which have been loosened a little with an awl or pin, and cut off excess.



THREE STRAND

Materials needed. One strand of braiding lace about 36 cm long, folded in half. One strand about 18 cm long. Begin with a double strand looped around a single strand. Hook the loop onto a nail. Lay the right hand strand to the left over the strand next to it. Continue alternately carrying the outside right hand strand over the strand at its left, and left hand strand over the strand at its right. Remember in using flat Lustr-o-lace to fold it over to form the edges of the braid rather than bend it sideways.



SQUARE BRAID (FOUR STRAND)

You will require two strands of braiding lace; approximately three metres of each colour, depending on the size of the braid strand desired.

1. Arrange the strands as shown in Fig. 1. Hold the strands in the left hand so that the strands fall apart and number them from 1 to 4.
2. Fold strand 1 over strand 2, leaving a small loop (Fig. 1). Hold in position with the forefinger of the left hand. Hold each succeeding strand in position in the same way after each step.
3. Fold strand 2 over strand 1 (Fig. 2).
4. Fold strand 3 over strand 2 (Fig. 3).
5. Fold strand 4 over strand 3 and through the loop formed at the beginning (Fig. 4).

Fig. 1



Fig. 2

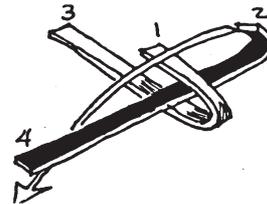


Fig. 3

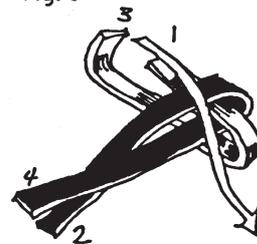
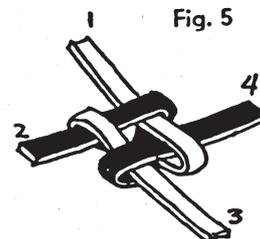


Fig. 4

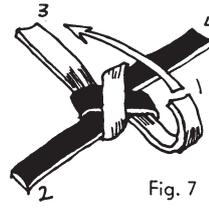
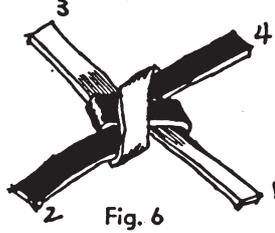


Fig. 5



Keep the first stitch slightly loose. This completes the first stitch (Fig. 5).

6. It is necessary to **Turn the braid upside down** (Fig. 6). Then continue as before (Fig. 7).



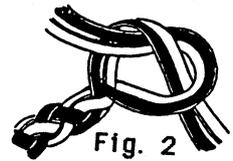
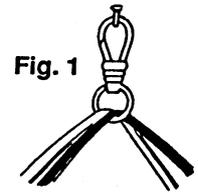
7. Continue the square braid until it is the desired length.

2. Complete one of the following projects.

a. Make a **Lanyard**

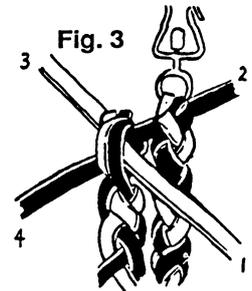
Material: two strands of lace, 320 cm of each colour and one swivel snap.

Step 1. Anchor your swivel snap over a nail or peg (Fig. 1) and draw two strands through the swivel snap to perform the round four strand braid for approximately 30 cm. (The lanyard can also be done with the six strand round.)

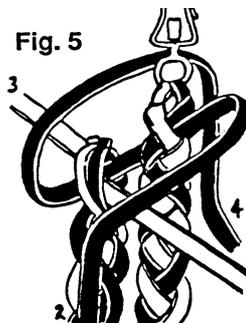
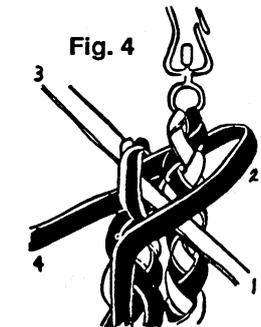


Step 2. End the round four strand with an overhand knot as shown in Fig. 2. (Keep the strands flat and side by side before tightening.)

Step 3. Begin the square braid at this point by spreading the strands apart as shown and bring the swivel end of the lanyard up along side strands 1 and 2 as shown in Fig. 3. (This swivel end is to slide inside the square braid which is braiding around it.)

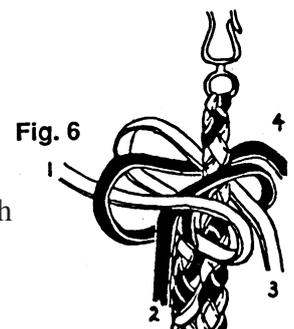


Step 4. Loop strand 2 around the swivel snap end and hold it down along the braid with the thumb (Fig. 4).



Step 5. Loop strand 4 around the opposite two and hold down along the braid with the index finger (Fig. 5).

Step 6. Take strand 1 and fold in over strand 2 and through the loop of strand 4. Similarly strand 3 in the opposite direction and on the other side of the swivel end, folds over strand 4 and through the loop of strand 2 (Fig. 6).

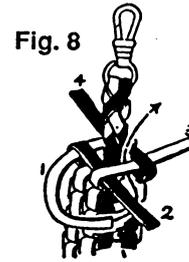


Step 7. Pull tight and continue this square braid for 2 cm (Fig. 7).

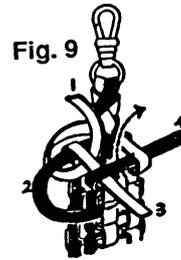


FINISHING THE SQUARE BRAID

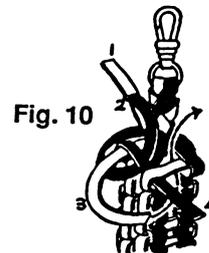
Step 8. Hold square section in left hand. Bring strand 1 under strand 2 and up through the centre as shown in Fig. 8. (Leave this strand slightly loose. This ending is known as the Terminal Turk's Head and each strand is to be tightened when the stitch is complete.)



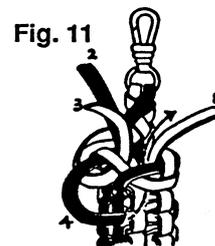
Step 9. Bring strand 2 under strand 3 and up through the centre (Fig. 9).



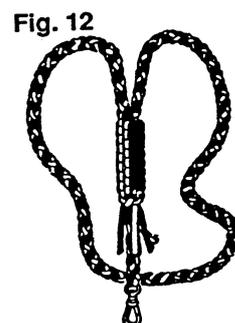
Step 10. Bring strand 3 under strand 4 and up through the centre (Fig. 10).



Step 11. Bring strand 4 under strands 1 and 2 and up through the centre (Fig. 11).



Step 12. Tighten the strands one at a time starting with strand 1. Keep the Turk's Head loose enough so that the swivel clip end can slide easily through. Clip the ends of the strands on an angle about 2.5 cm from the braid for a nice looking tassel.



A lanyard can be used for a whistle chain, a key chain, watch chain, knife leash, or whatever your imagination designs.

b. Make a **Braided belt**.

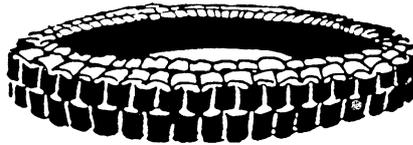


c. Make two of the following.

1. Flat-Weave bracelet on a 2.5 cm wide metal bracelet blank.



2. Square Braid Bracelet.



3. Scarf Slide on a 2.5 cm wide metal bracelet blank.

Reflection

This badge has taught you dexterity and co-ordination but also patience and a sense of achievement. Discuss with your Counsellor how God has helped you to complete this badge.

References:

Counsellor Aid Booklet 'Braiding'

Ask your Counsellor to sign below and arrange for the presentation of your badge.

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